

Contents of the spark*EL Resource files

12 *spark*EL* newsletters with summary of contents

Achievement of Lesson Objectives – Behavioral Self-Regulation

Achievement of lesson objectives - Cognitive self-regulation

Achievement of lesson objectives - Emotional self-regulation

Awareness of Need chart

Brain diagram with example

Certificate of completion - Behavioral self-regulation unit

Certificate of completion - Cognitive self-regulation unit

Certificate of completion - Emotional self-regulation unit

Child background information

Commercially available books and materials

Customizable paper dice

Designing a yoga program

Directions - lengthy

Directions - unfamiliar

Directions containing deixis

Directions to use with obscuring noises for comprehension monitoring

Executive Function checklist - child

Executive Function Rating Scale - School Age

Guide to setting up spark*/spark*EL groups

Happy Thoughts bubble

Happy Thoughts, Shield, Brain Box, Superhero list

I am calm card

Internet sites coordinated with lesson activities

Key emotions/facial expressions

Key gestures

Key gestures and facial expressions combined

Major and additional features for describing objects and events

Shield

Some measures of self-regulation

*spark*EL* brochure

Stop-Breathe-Think

Story map

Stress meter with example

Turtle Breathing

Visualizable stories and questions

Wordless story books

Yoga positions