

## Resources accompanying spark\* program

EXAMPLE – Awareness of Need chart for controlling hands  
EXAMPLE - Awareness of Need chart for systematic approach  
EXAMPLE - Foot or body movements  
EXAMPLE - Listening with pieces of information obscured  
EXAMPLE - Stories for visualizing information  
EXAMPLE - Verbal direction worksheet for determining the most important information  
EXAMPLE - Visual matching worksheet for determining most important and relevant information  
EXAMPLE - Worksheets for using systematic approach  
FORM - Achievement of lesson objectives – Behavioral Self-Regulation  
FORM - Achievement of lesson objectives - Cognitive self-regulation  
FORM - Achievement of lesson objectives - Emotional self-regulation  
FORM - Child background information  
FORM - Observational Assessment – Behavioral Self-Regulation  
FORM - Observational assessment - Cognitive Self-regulation  
FORM - Observational assessment - Emotional self-regulation  
ILLUSTRATIONS – Action intensity variation 1 and 2  
ILLUSTRATIONS – Action manner variations  
ILLUSTRATIONS – Action speed variations  
ILLUSTRATIONS – Hand action and position variations  
ILLUSTRATIONS - Key gestures  
ILLUSTRATIONS - Major and additional features for describing objects and events  
ILLUSTRATIONS - Stop and Go signs  
ILLUSTRATIONS - Topics for Awareness of Need charts - Behavioral self-regulation  
ILLUSTRATIONS - Topics for Awareness of Need charts - Cognitive self-regulation  
ILLUSTRATIONS - Topics for Awareness of Need charts - Emotional self-regulation  
ILLUSTRATIONS – Turtle Breathing  
ILLUSTRATIONS - Voice intensity variations  
ILLUSTRATIONS - Yoga positions  
MATERIAL - Cards for a game of simplified charades  
MATERIAL - Certificate of completion - Behavioral self-regulation unit  
MATERIAL - Certificate of completion - Cognitive self-regulation unit  
MATERIAL - Certificate of completion - Emotional self-regulation unit  
MATERIAL - Designing a yoga program  
MATERIAL - Directions containing place or person deixis  
MATERIAL – Directions for use when obscuring information  
MATERIAL – Games for practicing behavioral self-regulation  
MATERIAL – Role Reminder Chart  
MATERIAL – Selected songs and rhymes for Behavioral Self-Regulation  
MATERIAL – Songs for practicing gestures  
MATERIAL - Songs to help regain Self-regulation  
MATERIAL – spark\* brochure  
MATERIAL - Standard signals in charades  
NEWSLETTERS – List of content of spark\* Newsletters  
NEWSLETTERS - 1 through 18  
RESOURCES - Commercially available books and materials  
RESOURCES - Internet sites coordinated with lesson activities  
RESOURCES – Some measures of self-regulation  
RESOURCES – Storybooks coordinated with lesson target areas  
RESOURCES – Wordless story books  
TEMPLATE – Awareness of Need chart

TEMPLATE - Breathe-Think-Plan  
TEMPLATE – Customizable paper dice  
TEMPLATE - Happy Thoughts bubble  
TEMPLATE - I am calm book  
TEMPLATE - I can control my body comic book  
TEMPLATE - Key facial clues for emotions  
TEMPLATE - Person 2 X 2 table  
TEMPLATE – Shield